

ReDo Day

ReDo Day was one of the most memorable days of my middle school life. When I was in 6th and 7th grade, I heard that all you do is play games and cry. After hearing that, I was not excited to do ReDo Day. I was actually kind of dreading it. Everyone older than me said it was so terrible and it was a waste of time. So, when it came around, I was not excited to participate in it. I went into the gym and it was a very lively atmosphere. I was thinking, *nobody explained ReDo Day like this*. Then we started playing games, to kind of express ourselves. I had a lot of fun. After that we got into groups to talk about our home life. Then we ate lunch with our friends.

After that, we played a game to get to know each other even more. I learned things about people that I would have never had guessed happened to them. There was a game that taught us not to leave people out, even if they are different. We played a game that taught us to play as a team and not to rely on just a handful of people. There's so many things I learned from ReDo Day that I probably couldn't have learned in everyday life. There were also metaphors used at ReDo Day. One of the volunteers said that people are icebergs, you can only see 10% of them and you can get to know them by *going under the surface* and asking them questions. I think that ReDo Day got to some of the girls, and they will probably be more respectful of each other. We learned so many things about each other that we had no clue about before. That game taught us to respect and be nice to each other because those girls come to school from a hard home life and don't need to have to deal with people being mean and bullying them. ReDo Day was not at all what the older kids said it would be. I mean you do play games and some people cry, but that is definitely not all ReDo Day is about. You get to know each other better, make new friends, and learn how to treat others with respect. ReDo Day was a great experience and I would participate in it again someday.